GLOUCESTER CITY RESIDENTS' EMERGENCY PREPAREDNESS GUIDE FOR FAMILIES & INDIVIDUALS





Be Informed, Plan, Prepare, and Respond

This Residents' Emergency Preparedness Guide is Dedicated to Those Public Safety Professionals Who Made the Ultimate Sacrifice in the Performance of Their Duties on Behalf of the Residents of Gloucester City; and the Families They Left Behind. They Are All Owed a Debt of Gratitude That We Can Never Repay. We Shall Never Forget!!!

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The **Resident Preparedness Guide For Emergencies** is available on our website at www.cityofgloucester.org with periodic updates.

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THE NEED FOR EMERGENCY PREPAREDNESS

The City Departments and Leadership strongly advocates that everyone in our community plan and prepare for a variety of emergencies that might affect our local residents. Recent emergency experiences have revealed that it may be necessary for you to be ready to take care of yourself and your loved ones for some period of time without outside assistance.

WHY? Gloucester City and its public personnel safety prepare and train extensively for response to all types of emergencies, but a disaster affecting everyone within the community can quickly consume all available municipal, and federal county, state, resources. You may have to depend on your own resources for several days.

BE INFORMED, PLAN, PREPARE, AND RESPOND so you will be able to take care of yourself and your family in a time of crisis, whether a personal emergency, such as a house fire, or a community-wide disaster, such as a severe storm with prolonged power outage and/or flooding.

Please read and use this **RESIDENT PREPAREDNESS GUIDE FOR EMERGENCIES**, ask others in your family to read it as well, and keep it in a place where you can find it easily in an emergency situation. It will also help you know how to stay informed before, during, and after an event that threatens the safety and security of you and your loved ones.

At the end of this guide are a number of helpful planning aids and checklists to help you be able to respond to any challenge an emergency situation may send your way.

THANK YOU FOR USING THIS GUIDE TO HELP ENSURE YOU AND YOUR FAMILY ARE BETTER PREPARED FOR AN EMERGENCY SITUATION.

IMPORTANT PHONE NUMBERS

To Report an Emergency...Dial 911 Or (856) 783-4808 if the 911 System ever fails

Non-Emergency Social Services Dial 211

Police: 856-456-0901

Fire: 856-456-0060

OEM: 856-456-9400

Municipal Building: 856-456-0205



To Report Utility Problems

Call 911 only to report downed power lines, a gas odor, severe street flooding, or other dangerous conditions.

For all utility outages or other service-related issues, call the utility company directly!

Electricity & Natural Gas PSE&G

Report a Power Outage Get Service Restoration Updates 1-800-436-7734

www.pseq.com

Water & Sewer

Gloucester City Environmental Utilities

Report Water/Sewer Problems Get Service Restoration Updates

1-856-456-0169

www.cityofgloucester.org

(after hours emergency) 1-856-456-0169

Types of Emergencies Likely to Occur

IT IS VERY IMPORTANT TO PLAN AND PREPARE NOW FOR EMERGENCIES THAT CAN OCCUR IN OUR AREA. Otherwise, you may not have the time or ability to react in the middle of an urgent situation. Do it before you find yourself and your family dealing with the effects of a personal or community-wide emergency.

The residents of Gloucester City and New Jersey are likely to see certain types of emergencies on a recurring basis. There are similar response requirements for many of these emergencies that will help to keep you and your family safe and secure. These typical emergency situations include:

SEVERE WEATHER (Hurricanes, Tropical Storms, Extreme Heat, and Winter Storm Events)



Monitor emergency alerts from Camden County.

Tune into local TV, cable, and AM/FM radio stations for alerts/updates.



Listen on a battery operated radio for weather alerts and broadcasts from:

Emergency Alert System (EAS) 106.9 FM

NOAA Weather Radios with S.A.M.E function for "All Hazards" Alerting Severe weather conditions can occur year-round in our geographic area and can often be quite destructive. A hurricane, like Irene in 2011, or tropical storm, such as 'Superstorm' Sandy in 2012, is typically accompanied by high winds, heavy rain, flooding, and coastal storm surge. Gloucester City residents in the summer months may find themselves in extended periods of extreme heat, accompanied with high levels of humidity and frequent thunderstorms. Many winter storms may be accompanied by heavy snowfall, icing, sleet, and/or freezing rain, along with dangerously low temperatures.

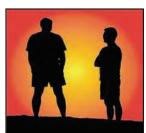
It is important to be prepared for severe weather before it strikes. Use the content of this guide to *BE INFORMED, PLAN, PREPARE, AND RESPOND.* This will help you be ready to take care of yourself and your loved ones for some period of time without outside assistance, regardless of the type of severe weather event you encounter.

Be Aware: In any severe weather conditions, power and communications services may be knocked out, sometimes for days at a time; steps must be taken in advance to protect your valuables and other personal items from wind and/or water damage; and loose items outdoors must be secured to minimize the danger to you and others.

Be Aware: If you can hear thunder you can be struck by lightning. Seek shelter immeadiately in a building or if necessary a car with all the windows up. Never seek shelter under a tree and if caught in an open field crouch down low and cover your face/head.

Be Aware: Extreme heat conditions can be very dangerous and even life-threatening for older adults, young children, those who are ill or overweight, and pets.

- Limit outdoor activity to morning and evening hours, cut down on exercise, and rest often in shady areas. Stay cool in an air conditioned place, if possible.
- Drink more fluids, regardless of your activity level. Don't wait until you're thirsty to drink. Avoid alcohol and sugary drinks.
- Wear lightweight, light-colored, loose-fitting clothing.



Refer to City
Ordinances
Chapter 73,
Article III,
Chapter 73 Snow and Ice
Removal
for more detail on
snow
emergencies



- NEVER leave anyone (adult, child, or pet) in a closed, parked vehicle.
- Visit at risk adults at least twice a day and closely watch them for signs of distress. Infants and young children, of course, need much more frequent watching.

Be Aware: City ordinances specify various actions residents must take during a winter storm. Commercial properties have 12 hours to clear sidewalks; residential properties have 24 hours. If not used to strenuous physical activity, be sure to rest frequently when clearing snow from sidewalks. To allow the Department of Public Works to effectively clear snow, sleet, hail or ice, residents should be aware that:

- Parking of vehicles on public streets should be limited as much as possible whenever snow is falling and the accumulation is such that plowing is required.
- Parking restrictions may be in effect until the streets have been plowed sufficiently that parking on them will not interfere with the normal flow of traffic. (Especially emergency vehicles)
- Unoccupied vehicles blocking the snow removal process may be ticketed and towed.
- Avoid unnecessary travel as vehicles must remain off streets so emergency vehicles can have access.

Never plow or shovel snow into the street when clearing your property and please consider clearing nearby fire hydrants as well.

FLOODING

Low-lying neighborhoods, particularly west of Broadway; areas along waterways such as Newton Creek (Main and South Branch); and any street where the capacity of our stormwater drain pipes are temporarily inadequate to carry the water away are where flooding may occur in Gloucester City during periods of excessive rainfall or rapid snow melt. Families living in areas prone to flooding should ensure they have flood insurance. Children should not be encouraged to play in flooded streets due to the potential dangers present.

Be prepared to shelter-in-place until the flood water recedes *OR* evacuate the local area using designated evacuation routes if advised to do so by authorities. Remember to take steps to protect valuables and other important personal items by moving them to a higher location to avoid water damage.



Monitor emergency alerts from the NWS
Tune into local TV, cable, and radio stations for alerts/updates.

If you are in your automobile during a flood, please remember:

- **Do not attempt to drive through a flooded road**; "Turn Around, Don't Drown!!!" Protective barricades are there for your protection against unknown water depths.
- **Stick to designated evacuation routes** if you are advised to leave the affected area. Do not try to take short cuts as they may be blocked.

- Be especially cautious if driving at night when it is harder to recognize flood dangers.
- Be aware that six inches of water will reach the bottom of most cars and can cause loss of control and/or possible stalling; a foot of water will float many vehicles; and two feet of water can carry your vehicle away, including SUVs and pick-ups.

EXTENDED POWER OUTAGES

Notify PSE&G of any life-sustaining equipment and get an alternative power source



Contact PSE&G to report power outage and get service restoration updates:

1-800-436-7734 www.pseg.com



Please remember that loss of power to your home, even for an extended period, is not typically a life-threatening emergency. **Do not call 911 or the City to find out when your power will be restored. You will need to contact PSE&G directly for service outage updates at 1-800-436-7734 or www.pseg.com. Ensure you have sufficient battery or power back up for medical devices too.**

- Call 911 to report downed power lines or other dangerous conditions like trees entangled in power or phone lines, cars or buildings/structures in contact with power lines, etc.
- Call PSE&G directly at 1-800-436-7734 to report a power outage that does not involve downed power lines or other hazardous conditions.
- Stay away from downed power lines never touch them under any circumstances. Even if not moving they can be energized.
- Know how to open your garage door without the electric opener. Remember that electrically powered equipment/appliances/devices will not work without back-up batteries and/or generators.
- Turn off major appliances that are at risk if a power surge occurs; and do not use appliances if the light is dim as this indicates low voltage.
- Open refrigerators and freezers as little as possible. Food will keep for hours if door opening is kept at a minimum.
- If the outage is lengthy, use ice or dry ice for food preservation; and when in doubt about food or beverages, throw it out.
- Have a battery-operated radio, flashlight and manual can opener handy.

LOSS OF COMMUNICATIONS

Cell phone service may fail because your cell phone battery cannot be recharged, due to a sudden increase in calling volume, or as a result of cell tower power loss. People relying on internet, fiber optic, or cable providers for their phone service will lose dial tone as soon as the power is off unless battery or generator back-up is available in the home. This will also be the case for people who are using cordless telephone systems, regardless of how the phone service is delivered. Only those households with hard-wired copper lines and telephones that operate from a wall jack are less vulnerable to telephone failures.

Gloucester City will provide public access to the Community Center at the Gloucester Heights Fire Hall during emergencies so you may power up your communications devices, such as cell phones and laptops.



Contact your telephone service provider to report service-related problems

Make sure you have a family emergency communications plan to include contacts both nearby and out of the area. Ensure your children known these numbers as well. In many cases long distance calls may go through when local calls cannot due to congestion. Also know your school and work emergency communications plans as well. Please check on neighbors, particularly those with physical challenges.

Consider learning about the benefits of Amateur Radio and how it can better prepare you and your family to prepare for communication emergencies. The Gloucester City Amateur Radio Club is a great community asset and they can provide guidance on how you can acquire your amateur radio license as well as the benefits of being able to communicate "When All Else Fails" For additional information go to www.NJ2GC.org





NATURAL GAS ODOR OR LEAKS



Call 911 for a gas odor or gas leak

Since natural gas has no scent, a strong odorant that smells like rotten eggs is added to help you detect possible leaks. A natural gas leak can be a very dangerous, highly explosive, even life-threatening situation.

If you smell an odor of gas, do not do anything that will cause a spark. Leave your home, workplace, or school immediately! Call 911 from a neighbor's house or when clear of the area.

- Do not turn off (or on) any switches or appliances.
- Do not use the telephone (this includes land, cable, and cell phones until well clear of the area).
- Do not try to fix the situation yourself.

DRINKING WATER EMERGENCIES

Water is critical for your family's health. Public health guidelines call for one gallon of clean drinking water per person per day; but more may be needed if there are children, a nursing mother, or if the weather is hot. From discolored water to low water pressure to blocked drains to broken fire hydrants or burst water pipes flooding water into the street, water emergencies can happen at any time with no warning.

- Call Environmental Utilities directly at **1-856-456-0169 (Day or Night)** to report water or non-storm related flooding problems.
- In the case of water related illness or injury, call **911** to report the problem.
- Know where your main water and hot water heater shut-off valves are located in case of emergency; and keep a wrench handy to facilitate turning them off if advised to do so.
- Boil discolored water to kill any bacteria or use commercially available bottled water until the water company gives an 'all clear' report.
- Limit flushing toilets when water problems are occurring.



Family Emergency Water Supply:

www.ready.gov/water

At least 1 gallon, per person, per day !!!

Monitor TV, cable, and radio stations for alerts/updates

HAZARDOUS MATERIALS/CHEMICAL SPILLS



Call 911 to report the incident.

Monitor
emergency alerts
from the City.
Monitor local
radio, cable, and
TV stations.



Hazardous materials come in the form of explosives, flammable, combustible, or corrosive substances, poisons, and radioactive materials. These substances are most often released as a result of transportation accidents (highways, railroads, waterways, and pipelines) or due to accidents in plants that manufacture, use, or store these materials. They can cause death, serious injury, long-lasting health effects, and damage to homes and other buildings.

- In the event of a hazardous materials incident, **call 911 immediately** and report the location.
- Monitor emergency alerts from Gloucester City, as well as local radio, cable, and television stations, for specific instructions from authorities. (NOAA "All Hazards" Alert Radios too)
- Be prepared to shelter-in-place, potentially in a sealed room, or evacuate immediately with no delay if advised to do so by public safety personnel.
- If you are in a car, close the windows and shut off the heater or air conditioner.
- Stay away and up wind from the incident scene.

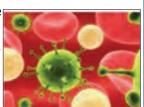
INFECTIOUS DISEASE OR PANDEMIC

Gloucester City, via the Camden County Health Department, partner to plan for and control the spread of highly contagious diseases and pandemics such as influenza (flu). The County Health Officer will monitor the situation and advise residents on the magnitude of an outbreak, how to receive preventative medications, personal protective action, and other information necessary to lessen the health impact. Instructions will be provided through newspapers, radio, television, websites, telephone lines, and your family health care provider.

Generally, you should:

- Avoid close contact with people who are sick and keep your distance from others if you are ill.
- Stay home from work and school; do not run errands when you are sick.
- Wash your hands often to help protect you from germs.
- Avoid touching your eyes, nose or mouth to avoid germ contamination.
- Cover your mouth and nose with a tissue (or your arm) when coughing or sneezing.
- Practice good health habits regarding sleep, physical activity, fluid intake, and nutritious food.

Camden County Department of Health 856-374-6000



NJDOH and CDC Websites

www.nj.gov/health and www.cdc.gov

Monitor
emergency alerts
from Gloucester
City, Camden
County, as well as
local radio, cable,
and TV stations.

In order to provide our residents with timely notifications and informational bulletins, the City Departments-Police, Fire, EMS, Water, Sewer, Emergency Management, etc., are using electronic information services, including the City Website, route alerting via emergency vehicles, recorded announcements at the City Clerks Office, Reverse 911 calls, and text/e-mail messages, to communicate essential information to our citizens in the event of an emergency.

In addition, Gloucester City OEM has developed this *RESIDENT PREPAREDNESS GUIDE FOR EMERGENCIES* which is available to all on our website at www.cityof.gloucester.org

The Gloucester City School District, Gloucester Catholic Jr/Sr High School and your Childs' Daycare have policies and procedures in place regarding emergencies on the facility's campus including parental/guardian notification and expected actions. Contact your children's school to find out now what you should do if there were an emergency at your childs' school or day care facility.

Other emergency alert systems include:

- Emergency Alert System (EAS) broadcasts (106.9 FM)
- National Oceanic & Atmospheric Administration (NOAA) "All Hazards" weather radio alerts (S.A.M.E. Technology)
- New Jersey's Office of Emergency Management (OEM)
- Camden County OEM
- News media sources such as local radio, cable, and television stations
 - News Radio 1060 AM and NJ 101.5 FM
 - o EAS Radio is 106.9 FM
 - o News 12 New Jersey
 - Local Comcast TV Channel
 - Local TV News Station Affiliates

The Red Cross has a 'Safe and Well' registry that enables people within a disaster area to let their friends and family outside of the affected region know of their well-being. There also is telephone-based assistance at 1-866-GET-INFO for people without Internet access.

BE INFORMED

BE AWARE OF GLOUCESTER CITY'S
EMERGENCY ALERT CAPABILITIES AND
YOUR ALTERNATIVES FOR MONITORING
EMERGENCY INFORMATION

Detailed sign-up instructions are on pages 17 and 18.

- Gloucester City's Website www.cityofgloucester.org
- Gloucester City School District www.gcsd.k12.nj.us
- Gloucester Catholic Jr/Sr High www.gchsrams.org
- Emergency Alert System (EAS) www.fcc.gov/pshs/eas
- NOAA Weather Radio: online at www.erh.noaa.gov/er/phi/wxradio.htm and www.weather.gov
- New Jersey's Office of Emergency Management (OEM)
 www.ready.nj.gov
- Camden County OEM www.camdencounty.com
- News Media Sources –Local Radio, Cable, and Television Stations
- Red Cross 'Safe and Well' Registry www.redcross.org



www.camdencounty.com

Emergency situations can occur quickly and without warning. Emergencies can cause you to take shelter in your home for an extended period of time, force you to evacuate your home quickly, or trap you in a place away from your home, such as work or school.

Local authorities and relief workers will be on the scene with community-wide assistance, but City public safety personnel may not be able to provide you and your family members with direct support for some time.

It is important for you and your loved ones to be able to deal with the effects of a communitywide emergency situation for between five to seven days without outside involvement. This means relying on your own resources within the family unit and offering aid to your friends and neighbors, wherever you can.

There are always members of our community that may need more assistance than others, but who are not in a life-threatening situation, including those with limited transportation options, people with health, disability, or mobility issues, elderly residents who are living alone, and so forth. Get to know who in your neighborhood may need you or other volunteers to reach out and help them.

The best way to cope with an emergency and ensure the safety and security of your loved ones is to plan what to do in advance.

Identifying ahead of an emergency what information is needed and what actions you and your family members must take will allow you to deal with disasters of all sorts much more effectively when they do occur. Make planning for emergencies a team effort involving everyone in the family, including children.

EMERGENCY FAMILY CONTACTS

Pick your family contacts – two people you and your family members can call in case you are separated in an emergency and need to report in regarding your status (example: "we

PLAN



Planning aids (forms) are on pages 19 and 20.

- Emergency Family Contacts
- Other Important Contacts
- Shelter-In-Place Options
- Getting Out of the House
- Meeting Places
- City Reception Center
- Other Shelter Options
- Evacuation Routes
- Unique Needs
- Training and Practice

are okay"). Remember that local telephone service may be disrupted. So it is important to have both a local contact and one who is outside of the area, preferably in another state.

OTHER IMPORTANT CONTACTS

Keep family workplace and school contact information handy as well, so you can communicate to loved ones who may be at a different location; be sure to have your medical contacts and insurance information available in the event this is needed.

SHELTER-IN-PLACE OPTIONS

'Shelter-in-place' means to take immediate shelter where you are—at home, work, school, or in between. Local authorities may instruct you to "shelter-in-place" if there is a dangerous weather-related situation or if chemical or radiological contaminants are released into the environment.

AT HOME: Select two places in your home as "safe places". This may be a basement or a lower-level room in the interior of the house. The best choice is one with as few windows and doors as possible.

If officials advise people to "shelter-inplace" in a sealed room, you should have preselected a room with 10 sq. feet of floor space per person to provide sufficient breathable air for up to five hours. Have available a roll of duct tape, scissors, and plastic sheeting precut to fit the room's openings.

Show each family member how to turn off the water, gas, and electricity at the main switches if advised to do so by authorities; keep a wrench near the gas and water shutoff valves in your home in case you need it.

AT WORK: Contact your workplace to find out the plan for dealing with emergencies. Write the plan down so it will be available to you, if needed.

AT SCHOOL/DAYCARE: Now is the time to know what policies, procedures and expected actions are in place at your child's school or daycare facility.

Ensure that you and all your children's emergency contact person/s information is up to date and supply it to the school or daycare immediately if any of the information were to change. Know their "reunification" procedures as well.

Parents with children in the City Schools should be aware that they have developed both building-specific and system-wide emergency response plans. The goal of these procedures is to protect all students while they are at school. School emergency management procedures include some of the following:

- Lock-down used when there is an imminent danger present in a building or the immediate surrounding area.
- Evacuation used when a location outside the school is deemed safer than inside the school.
- Shelter-in-place used when school administration wants to limit student movement temporarily.
- Emergency sheltering used when greater structural integrity or improved supervision and student protection is needed.

GETTING OUT OF THE HOUSE

If you need to get out of the house quickly, there is no margin for error. It is important to get out fast!



The best escape plans have two ways to get out of each room. The first option should be normal interior and exterior exit doors, but if a door is hot to the touch or blocked in some way, you must have another way out. Rooms

above the ground floor may need collapsible exit ladders stored for ready access. Exit options should be planned and practiced with all family members at least twice per year.

MEETING PLACES

Make sure your loved ones know where to go after getting out of the house. Pick two places to meet: 1) in your neighborhood in proximity to your house in the case of a sudden emergency such as a fire; and 2) outside your neighborhood in case you cannot return home.

CITY RECEPTION CENTER

Gloucester City will provide a reception center at the Community Center, located at the Gloucester Heights Fire Hall, for our residents during emergency situations. This may be used due to a site-specific emergency that forces people from their homes or as a cooling center in a prolonged heat wave or warming center for "Code Blue" alerts based on need. Assistance will be provided on-site community by City employees and volunteers.



OTHER SHELTER OPTIONS

If conditions warrant, one or more schools hearing, walking, responding to instructions, or and other facilities may be opened as well, in has medical problems, you will have more to do cooperation with the City Schools, Zone 5 and to be prepared for an emergency. County CERT, County CART, Knights of Columbus, etc. Camden County may respond PLANS WITH FAMILY MEMBERS, INCLUDING with shelter options as will the American Red Cross and FEMA. Location/s will be incident CHILDREN, AT LEAST TWICE PER YEAR. specific, considering the situation at hand.

(ex., A plume from a hazardous materials release impacts a shelter or route to same)

EVACUATION ROUTES

In some cases, you and your family may be required to leave the area in which you live. It is imperative to have a plan for evacuation before an emergency situation calls for you to do so. Often federal and state highways and other primary roads are designated evacuation routes by authorities. Be aware that the Office of Emergency Management (OEM) may issue specific evacuation routes due to the situation at hand.

Engage the entire family in planning multiple routes out of your neighborhood. Once you have the alternate routes identified, print out and retain directions from MapQuest, Google, or other online mapping software. It is also a good idea to keep a map in your vehicle at all times in case any of these evacuations routes become impassable.

Identify in advance where you will stay after you depart the local area. This could be at the home of a family member, a friend, or a hotel/motel that meets your family's needs.

There is one other thing to remember. In an emergency, it will be very difficult, if not impossible, to get gasoline for your vehicles. Always try to maintain the gas tank at least half full. Do not put your lives in danger by running out of gas on the way out of town.

UNIQUE NEEDS

Your emergency plan options must be able to accommodate any unique needs related to family pets, infants or small children, and any family members with health, disability, or mobility issues. If someone has trouble seeing,

BE SURE TO REVIEW AND PRACTICE YOUR

If there is an emergency in your area, you might not be able to get food, water, and the other basic necessities you need to survive. If the power is out for an extended period of time, you also might need a means to warm up or cool down. That is why a key action for preparedness is to make an emergency supply kit and keep it readily available in your home.

There are eight basics you should stock in this emergency supply kit: 1) water, 2) non-perishable food, 3) clothing and bedding, 4) a first aid kit containing emergency medical supplies, 5) non-prescription medicines that are age-appropriate for your family members, 6) prescriptions and personal hygiene items, 7) some basic tools and supplies, and 8) special items for any family members (or pets) with unique needs.

Water should be stored in tightly sealed plastic, fiberglass, or enamel-lined containers – one gallon per person per day. A three-day supply of compact, light weight, non-perishable food, preferably foods that require no refrigeration, cooking, or preparation, should be available for each family member. Both water and food should be stored in a cool, dark place.

Building the kit may take place over time if desired, as you purchase and store a few items at a time. Check your kit every six months to ensure nothing has reached its expiration date and replace any items that have. A good way to remember to do this is to check the emergency supply kit when you change your clocks in the spring and the fall.

Important family information like copies of birth certificates or passports, credit card numbers, cash in small denominations, medical information, and a copy of your Emergency Preparedness Guide should be compiled and ready to go.

Keep all items you will most likely need during an evacuation in an easy-to-carry container such as a large covered plastic container, camping backpack, or duffle bag.

PREPARE



Preparation aids (checklists) are on pages 21 and 22.

- Emergency Supply Kit
 - Water
 - Non-Perishable Food
 - Clothing and Bedding
 - o First Aid Kit
 - Non-Prescription Medicines
 - Prescriptions and Hygiene Items
 - Basic Tools and Supplies
 - Unique Needs of Infants and Toddlers, Health/Mobility Issues, and Pets
- Important Family Information
 - Family Documents
 - Credit Card Numbers and Cash
 - Medical Alert Tags/Bracelet
 - Copy of Your Emergency Preparedness Guide

"Proper Planning & Practice Prevents Poor Performance..." Plan and Practice as though you and your family's lives depends on it for they may when responding to the aftermath of an emergency situation.

First, ensure the safety and well-being of you and your loved ones. Then, consider helping others as you can be a valuable provider of aid during a time of crisis when professional emergency responders are not immediately available.

There are always members of our community who may need more assistance than others, but who are not in a life-threatening situation. These people include those with limited transportation options, home-bound individuals, people with health, disability, or mobility issues, elderly residents who are living alone, and so forth. These are residents who must rely on others to reach out and help them.

In order to extend our reach to residents in emergency situations, Gloucester City and Mt. Ephraim have instituted a **Community Emergency Response Team (CERT)** Program. The CERT Program is activated and maintained using program guidelines, best practices, and training modules provided by the Federal Emergency Management Agency (FEMA).

Gloucester City would like to encourage you to volunteer to offer aid to those who may just need an extra helping hand during an emergency situation. This could take the form of a ride to and from the Community Center, looking in on an elderly citizen to reassure and let them know they are not forgotten, or dropping off some essential supplies to a family less prepared than you.

The formation of the Zone 5, now County-wide, Community Emergency Response Team was driven by interested members of the community. Natural volunteers are members of neighborhood watch groups, community-based organizations such as Knights of Columbus, Lions, Rotary, communities of faith, school staff members, workplace employees, scouting organizations and other groups that come

RESPOND

GLOUCESTER CITY'S PUBLIC SAFETY & COMMUNITY PARTNERSHIP

Listen To and Act On Instructions
From Public Safety Authorities

Ensure the Safety and Well-being of You and Your Loved Ones

Volunteer to Assist Others in Non-Life Threatening Situations



FORMATION OF CERT
(Volunteer Sign-up Form on page 23)

CERT EMERGENCY RESPONSE TRAINING

CERT TEAM ROSTER MAINTAINED
BY COMMUNITY PARTICIPANTS

Volunteer to be a Member of
Gloucester City
Fire Department

Volunteer to be a Member of the Medical Reserve Corp. (MRC)

together regularly for a common purpose. To be successful, our CERT program require a partnership between the community our County/Local OEM's and emergency response agencies.

To become a CERT member, you must take the CERT training. The Camden County Office of Emergency Management supports these community-driven CERT efforts by offering the required emergency response training to volunteers in conjunction with County's existing CERT program.

There are many roles within a CERT for someone who wants to be involved and help, so any interested individual can become a valuable CERT team member. The best candidates for CERT teams are those that live in and know the neighborhoods they will be serving.

COMMUNITY EMERGENCY RESPONSE TEAM

In more critical situations, our CERT volunteers, using the basic disaster response skills learned and practiced in training, may be involved in areas such as fire safety, light search and rescue, team organization, and disaster medical operations.

Contained in the guide is a form that can be used to volunteer as a CERT member. Rosters of trained CERT team members will be maintained by OEM; however, one is expected to take care of home/family first before assisting others. These are great skills to learn to prepare anyone for emergencies.

You may also be interested in more direct support of our City's public safety professionals. If so, you may be interested in becoming a volunteer firefighter with the Gloucester City Fire Department. If so contact the office of the Chief of Department at 856-456-2652. A form is also included in this guide.

The Gloucester City Office of Emergency Management is seeking dedicated individuals to join its CERT Program. If you are interested in applying, fill out the CERT application on page 23 then contact the Camden County CERT Coordinator by calling 856-783-4808 ext 5408. You will be advised of the next available training date/s and have any concerns addressed by the County CERT Coordinator.

Minimum Requirements

- Resident of Gloucester City or County
- Citizen of the United States
- At least 18 years of age and able to read, write and speak the English language
- Valid New Jersey Driver's License by date of appointment and a favorable driving record
- Physically able to perform assigned duties (a physical disability is not a disqualifier if the person is able to perform assigned duties)
- Free of criminal convictions and/or offenses of moral turpitude
- Good moral character (based upon contemporary standards)

Time Commitment

- Attend and complete the initial CERT
 Training Course at locations in Gloucester
 City and/or Mt. Ephraim. This training is provided with no fee to the volunteering individual.
- Applicants must successfully complete twenty (20) hours of Initial Training. Classes are held Friday Evening, Saturday and Sunday (Example: Friday 7P-10P Saturday 8-4 and Sunday 8-4 or until competency is shown, usually mid-day.
- Requested attendance: four (4) quarterly Training Events (Not required).
- Requested eight (8) hours of "service" per year to maintain skill sets.

Typical "Responses"

 Assist at Mass Gatherings/Special Events to provide first aid, recovery of lost children, provide communications/direction, etc.
 In short act as "eyes & ears" and lend a hand to public safety units assigned

Emergency Response

NOTE: At no time are CERT members
 expected to place themselves in
 jeopardy in the performance of their
 duties (e.g., Damage Assessments after
 storms, health & welfare checks, first aid,
 light extrication in large scale events, etc)

GLOUCESTER CITY FIRE DEPARTMENT

The Gloucester City Fire Department is a combined career and volunteer department. These professionals go through a rigorous background check and training program that requires dedicated, professionals to pass a medical screening due to the physical demands of the work performed. The basic training is conducted in a Fire Academy setting and while demand is great one must realize the commitment is equally as great. If you are interested in becoming one of our professional volunteers please contact the Gloucester City Fire Department, Office of the Chief, 1 North King Street, Gloucester City, NJ 08030 or call 856-456-2652. To visit their Department's website go to www.gloucestercityfd.org or send you email inquiries to info@gloucestercityfd.org

CAMDEN COUNTY MEDICAL RESERVE CORP

The Camden County Medical Reserve Corp (MRC) is a group of professional volunteers working under the Camden County Department of Health. The unit is predominately made up of citizens with a medical background, such as but not limited to, Physicians, Nurses, Medical/Dental Assistants/Techs, Unit Clerks, Pharmacists, etc., both active and retired.

The MRC members assist at Mass Gatherings, Special Events, Large Scale incidents, etc., using their acquired skill sets to augment public safety units and Department of Health personnel. (Ex., Medical Aid Tent, Point of Distribution of vaccines, Medical Needs Shelters, etc.)

When you join as a volunteer, you will become a part of a well organized, well prepared team that will count on you as a valued member. Besides the various licensed and certified personnel greets, hospitality workers, child care workers are needed and welcome to become professional volunteers on the MRC. Training is provided by the MRC and for those interested please contact the Camden County MRC Coordinator at 856-374-6197.

Minimum Requirements

- At least 18 years of age
- Able to read, write and speak English
- Able to provide one's own transportation
- Physically able to perform assigned duties which include some light lifting
- In good health and of good moral character (contemporary standards)
- No previous training is necessary, but you will be required to meet regulatory requirements of your profession

Time Commitment

- All members must commit to a minimum of four (4) hours initial training and be ready to respond to requests for service as your situation permits.
- Completion of a required compentency training per role may be needed.
- Volunteers who live outside of the County may contact the New Jersey Department of Health and sign up via the following URL: njmrc.nj.gov/hcpr/jsp/signup.jsp

THE FAMILY

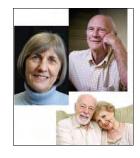
(Fill-In Your Family Name Above)

YOUR PERSONAL EMERGENCY PREPAREDNESS GUIDE

Gloucester City and its public safety agencies strongly recommend that everyone in our community plan and prepare for a variety of emergencies that might affect our local residents. While our first responders will be on the scene of the emergency incidents/ events, in a disaster situation please recognize that it may be necessary for you to be ready to take care of yourself and your loved ones for between five to seven days without outside involvement. This means relying on your own resources within the family unit and offering aid to your friends and neighbors, wherever you can.

This **RESIDENT PREPAREDNESS GUIDE FOR EMERGENCIES** has been developed to help you **BE INFORMED, PLAN, PREPARE, AND RESPOND** in an emergency situation. If you complete the planning aids, forms, and checklists contained in this guide, you will have taken a positive step toward ensuring the safety and well-being of you and your loved ones in a time of crisis, and you should be able to respond to any challenge an emergency situation may send your way. (NOTE: www.ready.gov has a host of materials for your use as well)

Thank you for using this Guide to be better prepared for an emergency situation. The following pages – Page 17 to Page 22 – consist of job aids, forms, and checklists that will assist you to create your own personal emergency plan and to perform the appropriate preparations in advance of the next emergency situation. Print the entire guide and have the family assist in filling it out. Make sure everyone that needs one has a copy and have one located in a safe place.







EMERGENCY ALERTS AND INFORMATION MONITORING

Share this with all family members and put contacts in your cell phone.

To Report an Emergency...Dial 911 (Or Call 856-783-4808 in case of 911 telephone system failure))

Recorded Information Bulletins 8856-456-0201

Non-Emergency # for Police: 856-456-0901

Non-Emergency # for Fire: 856-456-2652

City Administration Main Number: 856-456-0190







To Report Utility Problems

Call 911 only to report downed power lines, a gas odor, severe water main break, or other dangerous conditions.

For all utility outages and other service-related issues, call the utility company directly!

Electricity & Natural Gas PSE&G

Report a Power Outage Get Service Restoration Updates 1-800-436-7734 www.pseq.com

<u>Water</u>

Gloucester City Environmental Utilities

Report Water Issues/Problems Get Service Restoration Updates

1-856-456-0169

Gloucester City has an Outdoor Warning/Mass Notification system that can be activated by the on-duty Fire Department Battalion Chief or their designee. The System can also be activated via radios located in certain emergency response vehicles. Several different types of alerts including those for tornado, hazardous materials release, and/or any incident presenting a clear and present danger to the community can be performed by the current system.

In order to provide our residents with timely notifications and informational bulletins that include multiple modes and technologies to best reach the most people, Gloucester City and Camden County utilize e-mail alerts, Reverse 911 calls, and text messages – to communicate essential information to our citizens. This is a voluntary program that you may join.



To sign up for alerts from Gloucester City and Camden County, go to the following website at http://swift911.swiftreach.com/public/200316/ and fill in the form to be subscribed automatically to alerts on public emergencies (as well as other categories of information) and click "Submit Request". You will recieve information via SMS text, email and/or telephone. You may add, change or remove yourself from the system at any time.

REVERSE 911

Part of the swiftreach service is a REVERSE 911 Emergency Notification capabilty that provides public safety personnel the ability to send out telephone alerts community-wide or to targeted areas of the City. This is an extremely effective community outreach tool that can be used to automatically disperse important alerts and updates to our residents in an emergency situation.

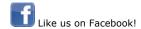


"If you **SEE** something, **SAY** something!" Did you **SEE** something suspicious such as an unattended bag or parcel? Then **SAY** something to authorities. Report suspicious activity by calling **2-1-1** or **1-866-4-SAFE-NJ**. This can be done anonymously. You may also call the Gloucester City Police Department at 856-456-0901 ext. 3 and leave an anonymous tip. If this is an emergency call 911 as always. Help keep our City Safe so if you **SEE** something, then **SAY** something!!!

WHILE SOME CITY AGENCIES USE SOCIAL MEDIA IT IS FOR OUTBOUND MESSAGES ONLY!!!

DO NOT USE OUR SOCIAL MEDIA NETWORKS TO COMMUNICATE WITH US IN AN EMERGENCY
AS THESE SITES ARE NOT MONITORED BY CITY PUBLIC SAFETY PERSONNEL 24/7/365.





Facebook.com/Gloucester-City-Police-Department

The Gloucester City School District and Gloucester Catholic Jr/Sr High School have several resources to send current information on school emergency situations to you and your family.



Parents and Guardians should become very aware of your child's school (or daycare) emergency procedures. Please ensure that your contact information always remains up to date with your school and/or daycare and know what are the ways the school/daycare will contact you, and what your actions should be, when notified about a school emergency.



The Schools have systems in place that allows the School System to call parents/guardians at multiple numbers (home, work, and cell) and/or send out e-mails or SMS texts to alert them to emergencies. Now is the time to know what to do if/when you are notified of an emergency at the school.

Other emergency alert systems include:

- Emergency Alert System (EAS) broadcasts
- National Oceanic & Atmospheric Administration (NOAA) weather radio alerts
- New Jersey's Office of Emergency Management (OEM) weather links
- News media sources such as local radio, cable, and television stations
 - WKVP 106.9 FM
 - KYW 1060 AM and NJ 101.5 FM
 - Cablevision News12 New Jersey
 - Local Community Cable TV
 - o TV Channels CBS3, WPVI6, NBC10, and WTAF29 (Check local services for channel)

The Red Cross developed the 'Safe and Well' registry which enables people within a disaster area to let their friends and loved ones outside of the affected region know of their well-being. By logging onto www.redcross.org and clicking on 'Get Assistance', you may post messages indicating that you and family members are safe and well at a shelter, hotel, or at home; and that you will contact friends and family directly as soon as possible. During large-scale disasters, there will be telephone-based assistance via **1-866-GET-INFO** for people whom do not have Internet access, but wish to register on the 'Safe and Well' website. You may also use the toll-free 'Contact Loved Ones' voice messaging service at **1-866-78-CONTACT**.

EMERGENCY FAMILY CONTACTS AND OTHER IMPORTANT CONTACTS

Give this information to all family members and put contacts in your cell phone

Family Contact In New Jersey	Family Contact In A Different State
Name: City/State:	Name: City/State:
Cell Phone:	C II DI
Work Phone:	Work Phone:
Home Phone:	Home Phone:
E-Mail:	E-Mail:
Social Media:	Social Media:
Nearest Relative	Family Work and School Contacts
Name:	Father: Work
City/State:	Mother: Work
Cell Phone:	School Name:
Work Phone:	Phone:
Home Phone:	School Name:
E-Mail:	Phone:
Social Media:	School Name:
	Phone:
Medical Contacts	Insurance Information (inc. Policy #s)
Hospital:	Medical Ins.:
Phone	Phone
Doctor: (specialty)	Drug Ins:
Phone	Phone
Doctor: (specialty)	Home Ins.:
Phone	Phone
Pharmacy:	Auto Ins.:
Phone	Phone
Veterinarian:	Other Ins:
Phone	Phone
THORE	

EMERGENCY SHELTER AND EVACUATION OPTIONS

It is best to arrange in advance for shelter and evacuation options that will allow your entire family to stay together if at all possible.

Give this information to all family members and practice at least twice per year

SHELTER-AT-HOME Safe Place 1:	GETTING OUT OF THE HOUSE Escape Route 1
Safe Place 2:	Escape Route 2:
Sealed Room:	Escape Route 3:
MUNICIPAL RECEPTION CENTER (For Warming Up, Cooling Down, Powering Up and Catching Up when activated)	MEETING PLACES In Our Neighborhood:
Community Center Gloucester Hieghts Fire Hall Nicholson Rd & Oxford Ave	Outside of Our Neighborhood:
OTHER SHELTER OPTIONS (Family or Friends, Hotel/Motel, Red Cross) Shelter Option 1:	EVACUATION ROUTES (Best Alternate Routes to Leave the Area) Evacuation Route 1:
Shelter Option 2:	Evacuation Route 2:
Shelter Option 3:	Evacuation Route 3:
Shelter Option 4: TIP: While the City will open shelters based on	TIP: Keep a map in your car in case these evacuation routes are impassable.

resources, etc., ensuring your family's self-reliance, as much as possible will provide

maximum comfort and reliability during the response and recovery phases of an emergency.

EMERGENCY SUPPLY KIT

Put this kit together, keep it readily available, and check/replenish it every six months

	WATER		FIRST AID KIT
(Mo)	re may be needed if there are children, a	(K	eep one for home; another in your car)
	ing mother, or if the weather is hot)		Sterile adhesive bandages (assorted
	One gallon per person per day		sizes)
	Water purifying agents		3" and 2" sterile gauze pads (8-12
	FOOD		each)
Thu			3" and 2" sterile roller bandages (3
	ee to seven-day supply per person ferably foods that require no refrigeration,		each)
-	ring, or preparation; and remember		Hypoallergenic adhesive tape
weig	ht will be a consideration)		Medicine dropper
	Ready-to-eat meat & fish, soup, fruit,		Scissors, tweezers, safety razor blades,
	and vegetables		safety pins, needles and thread
	Powdered or canned milk		Non-breakable thermometer
	Powdered, crystallized or boxed fruit		Wooden applicator sticks
	juice		Petroleum jelly or other lubricant
	Dried or smoked meat (like beef jerky)		Moistened wipes (8-10 packages)
	Dried fruit (apricots, cherries, dates, or		Latex gloves
•	figs)		Non-Prescription Medicines
	Dried vegetables (green beans or kale)	(A	ge-appropriate for all family members)
	Dehydrated soups (soup in a cup or		Vitamins
	bouillon cubes)		Pain reliever (aspirin or non-aspirin)
	High-energy food (trail mix, peanut		Antacid
	butter, nuts, granola bars)		Laxative and anti-diarrhea medication
	Stress foods (hard candy, cookies)		Antiseptic and/or rubbing alcohol
	Staples (salt, pepper, sugar)		Eye wash
	ck for expiration dates and rotate the		Prescriptions and Hygiene Items
wate	er and food supply every six months		Prescription drugs (one week supply)
	CLOTHING AND BEDDING		Personal hygiene items (hair brush or
	One or two complete changes of		comb, toothbrush & toothpaste,
	clothing for each family member		feminine supplies, etc.)
	Sturdy shoes or work boots for each		Toilet paper
	family member		Disinfectant/antiseptic cleansing agent
	Sleeping bag or bedding/pillows for each		Bar soap and liquid detergent
	family member		Household chlorine bleach
	Thermal underwear (for winter)		Plastic garbage bags & bucket with lid
	Rain gear, hat, gloves, and sunglasses		Small shovel (for digging a latrine)
	If you must use a shelter bring your kit with ction from the elements in an austere enviro		

BASIC TOOLS AND SUPPLIES	Unique needs
$\ \square$ Extra set of car keys, credit cards, and	For Infants and Toddlers:
cash in smaller denominations Copy of your Preparedness Guide for Emergencies Pictures of family members and pets to help find them in case you are separated Paper and writing instrument (pencil, pen) Cell phone and charger	 Diapers or pull-ups Moistened wipes Formula Baby food Medications Powdered milk and juices Age-appropriate bottles, cups, or glasses
 Non-electric can opener, utility knife, and small grill with charcoal Lighters or matches in a water-proof container 	 Comfort items (special blanket, stuffed toy, or doll) Entertainment items (toys, games, books)
☐ Aluminum foil and sealable plastic bags☐ Mess kits or paper cups/plates and	□ Pack n' Play (use for controlled play space and safe sleeping area)
plastic utensils	For Adults, Elderly, or Disabled:
 Shut-off wrench for gas and water Battery operated radio to receive AM/FM stations and extra batteries (also consider getting a radio that receives NOAA emergency weather advisories) Flashlight and extra batteries Small fire extinguisher (ABC type) Signal flare, compass, and pliers Plastic storage containers Plastic sheeting and tape Dust mask and work gloves 	 Prescription drugs (one-week-supply minimum) Extra eye glasses or contact lenses and supplies Mobility aids (wheelchair, cane) Hearing aids and extra batteries Special medical supplies (colostomy supplies, insulin and syringes, denture supplies) Entertainment items (games, cards, books)
IMPORTANT FAMILY DOCUMENTS	For Pets:
 Keep copies of these records in a waterproof, portable container. Drivers licenses and passports Credit card account numbers Bank account numbers Inventory and pictures of valuable household goods Certificates of birth, marriage, etc. Family health information (allergies, special treatment needs, and the like) 	 Pet food and treats Collar, leash, and identification tags Muzzle (if needed) Pet carrier or cage Medicines Copy of immunization records Comfort items (bed, special blanket, favorite toy) Tip: Find a "Pet Friendly" hotel/motel or family/friend now as some shelters cannot take in animals due to health considerations. (Allergies, etc)

VOLUNTEER COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

If you are interested in becoming a CERT volunteer, please complete the following form and contact: CERT Coordinator, Camden County OEM, 856-783-4808 ext. 5408

		-
NA	ME:	TELEPHONE:
ΑD	DRESS:	CELL PHONE:
Ем	PLOYED BY:	E-MAIL:
	Please place a check by all of the CE	ERT Support Areas of interest to you:
	Emergency Psychology Support Checking on home-bound individuals	CERT Community CommunicationsCERT Team Organization
	Looking in on elderly residentsCounseling and calming childrenOther, as needed	CERT Team LeadershipCERT Team MemberCERT Trainer
	Emergency Transportation Support Rides to/from the Community Center Trips to pick up or deliver essential supplies Other, as needed	 Fire Safety Light Search and Rescue Disaster Medical Operations Other (Please specify)
Sie	Please identify any prior experience y	you have had in Emergency Response: DATE:
For	☐ Date received ☐ Resident Non-Resident ☐ Address verification - Yes No ☐ CERT zone - 1 2 3 4 5 6 7 8 ☐ Date scheduled for CERT training	 □ Date of background check □ Other Twp volunteer position, if any □ □ Date added to CERT roster

NOTES/APPS & USEFUL LINKS (Need to Copy & Paste to Browser) NOTE: The below apps and links provide information in multiple languages and offer an array of emergency preparedness information for families, individuals, businesses, etc. Useful Apps Useful Links www.njhomelandsecurity.gov www.redcross.org/get-help/prepare-for-emergencies/ www.state.nj.us/njoem mobile-apps www.state.nj.us/health www.fema.gov/mobile-app www.ready.gov www.mobile.weather.gov www.fema.gov www.opengarden.com/firechat.html www.redcross.org

GLOUCESTER CITY MUNICIPAL SERVICES DIRECTORY

Administrator's Office	Jack Lipsett, City Administrator	(856) 456-0910 jlipsett@cityofgloucester.org
Assessor's Office	John Dymond, Tax Assessor	(856) 456-6934 assessor@cityofgloucester.org
Code Enforcement	William Ackley, Chief Inspector & Official	(856) 456-7689 housing@cityofgloucester.org
Clerk's Office	Vanessa L. Parent, City Clerk	(856) 456-0205 vanessa@cityofgloucester.org
Community Development	Lori Ryan, Director	(856) 456-0205 ext. 217 lryan@cityofgloucester.org
Finance Department	Frank Robertson, Chief Financial Officer	(856) 456-1760 finance@cityofgloucester.org
Fire Department	Michael Hagan, Fire Chief	(856) 456-2652 For emergencies, dial 9-1-1
Environmental Utilities (Water)	Eric Fooder, Director	(856) 456-0169 eric@cityofgloucester.org
Emergency Management	Robert J Saunders Jr. Director	(856) 456-9400 oem@cityofgloucester.org
Library	Wen Gu, Library Director	(856) 456-4181 gc@gcpl.us
Municipal Court	Donna Florich, Court Administrator	(856) 456-3958 Fax: (856) 456-3065
Police Department	Brian Morrell, Chief of Police	(856) 456-0901 For emergencies, dial 9-1-1
Public Works Department	Alex Tedesco, Superintendant of Public Works	(856) 456-0781 tedesco@cityofgloucester.org
Tax & Fee Collector	James V. Davis, CTC	(856) 456-1250 collector@cityofgloucester.org
Zoning & Planning Board	Meets 3rd Wednesday of Month at City Hall 313 Monmouth Street	(856) 456-0205

Visit the Gloucester City Website for additional information:

www.cityofgloucester.org

GLOUCESTER CITY MAYOR AND COUNCIL

Daniel T. Spencer, Mayor

Nancy Randolph Baus, Councilmember

James "Bowie" Johnson, Councilmember

John Hutchinson, Councilmember

Patrick Keating, Councilmember

Bruce Parry, Councilmember

George Berglund, Councilmember





Municipal Building
512 Monmouth Street
Gloucester City, NJ 08030
www.cityofgloucester.org
856-456-0205

PUBLIC SAFETY CONTRIBUTORS

Brian Morrell, Chief of Police
Michael Hagan, Fire Chief
Robert J. Saunders Jr., Office of Emergency Management
Jason Vilardo, Camden County CERT